



Postnatal
Depression
Awareness

Trenissick Rural Park
Cubert
Newquay
Cornwall
TR8 5PN

www.help4mums.org

The Angela Harrison Charitable Trust has been helping women with postnatal depression and their families since 2006. The Trust has successfully lobbied for increased funding and improved services and trained hundreds of healthcare professionals across Cornwall through its study days and training initiatives. It has also funded a range of support groups including current walking groups which it aims to roll out across the county.

Thank you so much for your support.

Sponsored Bike Ride

Sunday 24th April 2022

24 miles on the Camel Trail at 10am in Padstow cycling to Bodmin and then returning to Padstow

Name:

Name	Address and Postcode	Amount	*Gift Aid please tick	Paid

***Gift Aid Declaration**

We, who have given our names and addresses above and who have ticked the box entitled Gift Aid give permission for The Angela Harrison Charitable Trust to reclaim tax on the donation detailed above. We understand that each of us must pay income tax or capital gains tax equal to the tax reclaimed by the charity on the donation.